MAGNA HOUSE



Magna House Hospital

Acute Mental Health Service

About Us

Magna House Hospital is an acute mental health service for men and women aged 18 years and over in Lincolnshire. The service provides short-term inpatient assessment, treatment and stabilisation for people experiencing a significant deterioration in their mental health. Our aim is to support recovery, reduce immediate risk and enable individuals to progress safely to the most appropriate next stage of their care pathway.

We support people experiencing a range of acute and complex mental health conditions, including psychosis, schizophrenia, bipolar affective disorder, severe depression, personality disorder and individuals who present with self-harm or behaviours associated with emotional distress. Magna House also provides bespoke complex care packages for people who require enhanced staffing within a low-stimulus environment.

Magna House provides a modern, safe and therapeutic environment where care is delivered with dignity, respect and compassion. We work in partnership with individuals, involving them in assessment, treatment planning and decisions about their recovery wherever possible.



Enquiries & Referrals:

T: 0330 236 8231
E: referrals@ihcm.co.uk



Psychological and Therapeutic Support

Psychological support forms an important part of each person's treatment. Following assessment, individuals may receive evidence-based interventions tailored to their needs, including Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT)-informed approaches, trauma-informed interventions, psychoeducation, emotional regulation strategies and motivational work where appropriate.

Our Clinical Psychologists and Assistant Psychologists work closely with the wider multidisciplinary team to support assessment, formulation and treatment planning, helping individuals better understand their mental health and develop effective coping strategies.

Occupational Therapists and Therapy Support Workers provide meaningful therapeutic activities that promote recovery, independence and daily living skills, while supporting preparation for discharge and the next stage of the care pathway.

Our Multidisciplinary Team

Care is delivered by an experienced multidisciplinary team comprising:

- Consultant Psychiatrist
- Clinical Psychologist
- Assistant Psychologist
- Occupational Therapist
- Registered Mental Health Nurses
- Therapy Support Workers

Clinical leadership is supported by experienced medical, nursing and therapeutic professionals who work collaboratively to provide comprehensive assessment, treatment, physical healthcare and recovery planning throughout each admission.

Our Approach

Our care pathway is designed to provide timely assessment, treatment and stabilisation while promoting recovery within the least restrictive environment possible. Through collaborative care planning, positive risk management and therapeutic engagement, we support individuals to achieve the best possible outcomes while preparing for discharge at the earliest appropriate opportunity.

We are committed to reducing restrictive practice and promoting positive risk management, ensuring care is personalised, recovery-focused and centred on each individual's strengths, goals and aspirations.





Case Study:
From Crisis to Expert by Experience

A young woman was initially admitted to one of our sister hospitals as a privately funded patient before transferring to Magna House when NHS funding arrangements changed.

She arrived during a period of significant mental health crisis and was initially supported under enhanced observations due to the level of risk she presented. Through a personalised care plan and the support of the multidisciplinary team, including nursing and psychology, she gradually engaged with treatment, developed effective coping strategies and built the confidence to manage her mental health safely.

Following a successful discharge, she returned to work full-time and continues to maintain her recovery within the community.

The impact of her admission extended beyond discharge. She has since returned to Magna House to take part in the service's co-production programme, sharing her lived experience with current patients and staff. Inspired by the support she received, she has also applied to become an Expert by Experience, with the ambition of contributing to staff training, recruitment and service development to help improve care for future patients.

Her journey demonstrates the value of recovery-focused inpatient care, where clinical intervention is combined with therapeutic engagement, co-production and personalised support to enable people not only to recover from crisis but to use their experiences to shape and strengthen mental health services for others.





Outcomes

Our service aims to:

- Stabilise acute mental health symptoms.
- Reduce immediate clinical and behavioural risk.
- Improve emotional wellbeing and coping strategies.
- Optimise physical health alongside mental health.
- Develop personalised recovery and discharge plans.
- Support timely progression to rehabilitation, community mental health services or other appropriate care settings.

Admission Criteria

We accept referrals for:

- Men and women aged 18 years and over.
- Individuals experiencing an acute deterioration in their mental health requiring inpatient assessment, treatment and stabilisation.
- Informal patients and those detained under the Mental Health Act 1983.
- Individuals whose clinical, therapeutic and risk management needs can be safely met within an acute inpatient environment.

As part of IHCM's integrated care pathways, discharge planning begins at the earliest appropriate opportunity. Where appropriate, individuals may progress through other IHCM services, including rehabilitation, residential care or supported living. Alternatively, we work closely with NHS commissioners, community teams and external providers to ensure seamless transitions to the most appropriate service for each person's ongoing needs.

Admissions and Referrals

On admission, safety and immediate needs are assessed and treatment started. Following this, there is a full MDT meeting where a full assessment is completed, and care and treatment discussed in consultation with the patient. Discharge planning starts at the point of admission.

The Central Referrals Team coordinates enquiries, information gathering, assessment and funding discussions and keeps referrers informed throughout the process.

Central Referrals Team T: **0330 236 8231** E: **referrals@ihcm.co.uk**

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Part of Integrated Health Care Management Group

Integrated Health Care Management Group (IHCM) is a UK-based health and social care management organisation. IHCM operates and manages a network of hospitals, residential and nursing care homes and supported living services, providing governance, clinical oversight and strategic leadership across the Group. Individual services are registered and regulated through their respective provider organisations, with IHCM providing the management infrastructure and support to deliver safe, high-quality and compassionate care. ihcm.co.uk

Magna House Hospital

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Integrated Health Care Management (IHCM)