

Average  
length of stay  
of 24.3 days

**MKH** MAGNA  
HOUSE

📍 Sleaford, Lincolnshire

 Care Quality  
Commission **Good**



24-hour  
Clinical Care



Expert Assessment &  
Holistic Treatment



Referrals & Enquiries:  
**01526 420 055**



referrals@enbridge.co.uk

# Specialised Acute Inpatient Mental Health Care

Providing Compassionate Support, Stabilisation, and Recovery in a Safe and Therapeutic Environment.

## Clinical Care Pathway

Our care pathway at Magna House Hospital is designed to provide structured and timely care that supports both immediate stabilisation and long-term recovery. We have a dedicated clinical team with 24 hour Consultant Psychiatrist support and in that way we've managed to reduce average length of stay to 24.3 days.

Within our hospitals, we have a least restrictive approach, with minimal use of special observations and little to no reliance on seclusion. This is achieved through patient-centred care planning, highly skilled staff, and comprehensive training programmes that proactively support individual needs and recovery.



### In the first 12-72 hours

Safety and immediate needs are met and initial treatment commenced. Discharge address will be confirmed and initial assessment and care plan will be agreed.



### In Week 1

Full MDT meeting will be held to discuss care and treatment. Any adjustments will be made in consultation with the service user.



### In Week 2

A full assessment will be completed. A plan for a supportive discharge will be made.



### Within 24 days of being admitted

Our current average length of stay is 24.3 days. As part of the pathway, patients will have commenced a clear treatment programme to complete and individual discharge plans will be regularly updated to ensure a timely, appropriate and effective discharge.



### Supported Discharge

We work with an ethos of planning for discharge with all members of the MDT early on admission to ensure smooth transition into community.



Twenty-Nine  
Beds



Three Acute  
Mental Health Wards



Sleford,  
Lincolnshire



Male and  
Female Wards



Private Patients  
Accepted



## 5 Stars for the Catering Team

Our hospital team always ensures we provide the right care to service users in all aspects, including the catering. It's great that we can give service users some of their favourite foods while maintaining the highest expected standards.

## Our Facility

Our Acute Inpatient Mental Health service is grounded in a personalised approach that values individual needs, preferences, and aspirations. Our aim is to provide a clear purpose for each admission, supported by daily therapeutic activities, interventions, and treatments. Our experienced multidisciplinary team provides medical, psychological, and nursing interventions, ensuring a holistic approach to treatment. Continuous communication with the patient's community mental health team and chosen carers ensures a coordinated and supportive approach to discharge. This approach empowers individuals to regain control and order in their lives, fostering a sense of stability.



Our Acute Inpatient Mental Health Care can support people who are detained under the Mental Health Act or who are admitted to hospital informally. People may access our acute service as a direct admission from hospital bed managers, community mental health services or via a Section 136 suite, providing a seamless transition of care.

We can support men and women experiencing difficulties due to a range of conditions, including bipolar disorder, psychosis, depression, personality disorder and self-harm. The hospital recently underwent a significant refurbishment and reconfiguration of its facilities, introducing two new state of the art acute mental health wards. Our Clinical Psychologists and Assistant Psychologists help patients to address the cognitive, emotional, and behavioural aspects of their condition. Our Occupational Therapists help patients develop essential life skills, offer therapeutic activities to improve mental health and ensure patients have the necessary support to transition back into society on discharge.

## Specialised Services

The clinical model at Magna House has been developed taking into consideration best practice guidance issued by NHS England and NICE.

*Everyone has been so helpful and supportive, helped me regain my confidence. All the staff are amazing.  
A very peaceful and tranquil place, the perfect environment for recovery.*

- Magna House Patient, July 2024



Anxiety & Stress Disorders



Behavioural Disorders



Cognitive Disorders



Mood Disorders



Neurodevelopmental Disorders



Acute Inpatient Mental Health



Adult Crisis Care



Serious Mental Illness



Self-Harm & Suicide



Learning Disability & Autism

