

Average
length of stay
of 24.3 days



Elizabeth
House

Leicester

Excellence in Inpatient **Acute** Mental Health Care

Recovery in a Safe and Nurturing Environment



24-hour Clinical Care



Expert Assessment &
Holistic Treatment



Referrals & Enquiries:
0116 350 0857



elizabethhouse.referrals@nhs.net

Clinical Care Pathway

Our care pathway at Elizabeth House Hospital is designed to provide structured and timely care that supports both immediate stabilisation and long-term recovery. We have a dedicated clinical team with 24 hour Consultant Psychiatrist support and in that way we've managed to reduce average length of stay to 24.3 days.

Within our hospitals, we have a least restrictive approach, with minimal use of special observations and little to no reliance on seclusion. This is achieved through patient-centred care planning, highly skilled staff, and comprehensive training programmes that proactively support individual needs and recovery.



In the first 12-72 hours

Safety and immediate needs are met and initial treatment commenced. Discharge address will be confirmed and initial assessment and care plan will be agreed.



In Week 1

Full MDT meeting will be held to discuss care and treatment. Any adjustments will be made in consultation with the service user.



In Week 2

A full assessment will be completed. A plan for a supportive discharge will be made.



Within 24 days of being admitted

Our current average length of stay is 24.3 days. As part of the pathway, patients will have commenced a clear treatment programme to complete and individual discharge plans will be regularly updated to ensure a timely, appropriate and effective discharge.



Supported Discharge

We work with an ethos of planning for discharge with all members of the MDT early on admission to ensure smooth transition into community.



Our Facility

Elizabeth House Hospital offers acute inpatient mental health services, catering to both men and women undergoing crises or acute episodes of mental illness necessitating urgent admission. The hospital has been recently re-developed to include 3 purpose-designed wards which can accommodate 30 patients.

Our facility provides a safe and stabilising environment where individuals can receive the care and support they need during challenging times. Whether patients are informal or detained under the Mental Health Act, our priority is to ensure their safety and well-being while promoting their recovery journey.



Thirty
ensuite beds



Three Acute
Mental Health Wards



Leicester



Male and
Female Wards



Private Patients
Accepted



Our experienced multidisciplinary team provides medical, psychological, and nursing interventions, ensuring a holistic approach to treatment. Continuous communication with the patient's community mental health team and chosen carers ensures a coordinated and supportive approach to discharge. This approach empowers individuals to regain control and order in their lives, providing a sense of stability. Our Acute Inpatient Mental Health Care can support people who are detained under the Mental Health Act or who are admitted to hospital informally. People may access our acute service as a direct admission from hospital bed managers, community mental health services or via a Section 136 suite, providing a seamless transition of care. We can support men and women experiencing difficulties due to a range of conditions, including bipolar disorder, psychosis, depression, personality disorder and self-harm.

Elizabeth House Hospital takes pride in offering exceptional facilities to support the service user's journey to wellness. We understand the importance of providing a comfortable and nurturing environment for individuals seeking mental health care. Our facilities are designed to ensure their well-being and comfort during their stay.

Through therapeutic interventions and skill-building activities, we support service users in managing their mental health challenges and enhancing their daily living skills.

Specialised Services

The clinical model at Elizabeth House has been developed taking into consideration best practice guidance issued by NHS England and NICE.



Anxiety & Stress
Disorders



Behavioural
Disorders



Cognitive
Disorders



Mood
Disorders



Neurodevelopmental
Disorders



Acute Inpatient
Mental Health



Adult Crisis
Care



Serious Mental
Illness



Self-Harm &
Suicide



Learning Disability &
Autism



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House



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