

Average length of stay of 24.3 days

 Battersea

# Battersea Bridge House Hospital



Referrals & Enquiries:  
**0845 528 0329**



bbh.referrals@nhs.net

## Clinical Care Pathway

Our experienced multidisciplinary team provides medical, psychological, and nursing interventions, ensuring a holistic approach to treatment. Continuous communication with the patient's community mental health team and chosen carers ensures a coordinated and supportive approach to discharge. This approach empowers individuals to regain control and order in their lives, providing a sense of stability.

Our Acute Inpatient Mental Health Care can support people who are detained under the Mental Health Act or who are admitted to hospital informally. People may access our acute service as a direct admission from hospital bed managers, community mental health services or via a Section 136 suite, providing a seamless transition of care.



We can support men and women experiencing difficulties due to a range of conditions, including bipolar disorder, psychosis, depression, personality disorder and self-harm. We have a dedicated clinical team with 24 hour Consultant Psychiatrist support and in that way we've managed to reduce average length of stay to 24.3 days. Within our hospitals, we have a least restrictive approach, with minimal use of special observations and little to no reliance on seclusion. This is achieved through patient-centred care planning, highly skilled staff, and comprehensive training programmes that proactively support individual needs and recovery.



### In the first 12-72 hours

Safety and immediate needs are met and initial treatment commenced. Discharge address will be confirmed and initial assessment and care plan will be agreed.



### In Week 1

Full MDT meeting will be held to discuss care and treatment. Any adjustments will be made in consultation with the service user.



### In Week 2

A full assessment will be completed. A plan for a supportive discharge will be made.



### Within 24 days of being admitted

Our current average length of stay is 24.3 days. As part of the pathway, patients will have commenced a clear treatment programme to complete and individual discharge plans will be regularly updated to ensure a timely, appropriate and effective discharge.



### Supported Discharge

We work with an ethos of planning for discharge with all members of the MDT early on admission to ensure smooth transition into community.

## Our facility

Battersea Bridge House Hospital provides acute inpatient care for both male and female adults aged 18 years and over who require short-term assessment and treatment for mental health difficulties. Set in the heart of central London close to Battersea Bridge, the hospital merges accessibility, expert clinical practices and a holistic model of care to deliver person-centred support. Through its purpose-built environment, experienced multidisciplinary team, and collaborative ethos with community services, Battersea Bridge House Hospital aims to help individuals find their footing during crisis, regain their independence, and return home as swiftly and safely as possible.



The hospital aims to offer a safe, caring, supportive, and therapeutic environment for up to 22 patients experiencing acute mental health presentations. Our goal is to stabilise symptoms, promote recovery, and facilitate a smooth transition back to community living as quickly and safely as possible. The hospital serves both NHS and privately funded patients, working closely with local mental health teams, commissioners and families to facilitate seamless transitions and high-quality clinical care.

Throughout the hospital, careful attention has been paid to interior design and layout, ensuring that while robust risk management is provided, the environment feels open, calm and respectful of individual privacy. The communal areas on each ward serve as hubs for mealtimes, group activities, and social engagement-moments that often prove integral to restoring routine and strengthening coping strategies. Meanwhile, each ward's close proximity to outdoor spaces, such as local parks and gardens, also enhances the sense of well-being.



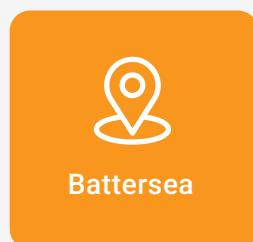
There are dedicated recreational and communal living spaces within each of the ward areas, along with quiet spaces, coffee lounge, consulting and medical assessment rooms, and access to private garden areas.



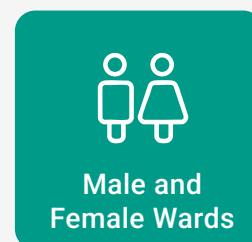
Twenty-two beds



2 Acute &  
1 HDU Ward



Battersea



Male and  
Female Wards



Private Patients  
Accepted



1 Randall Close, Battersea,  
London SW11 3TG  
0845 528 0329  
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[www.inmind.co.uk](http://www.inmind.co.uk)



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