



# Expert Care for Mental Health Crisis

Providing compassionate, tailored support for individuals in need of urgent mental health intervention.



24-hour  
Clinical Care



Email:  
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Referrals & Enquiries:  
**01628 884 119**

## Clinical Care Pathway

Our care pathway at Apple Hill Hospital is designed to provide structured and timely care that supports both immediate stabilisation and long-term recovery. We have a dedicated clinical team with 24 hour Consultant Psychiatrist support and in that way we've managed to reduce average length of stay to 24.3 days. Within our hospitals, we prioritise a least restrictive approach, with minimal use of special observations and limited to no seclusion. This is achieved through patient-centred care planning, highly skilled staff, and comprehensive training programmes that proactively support individual needs and recovery.

01

### In the first 12-72 hours

Safety and immediate needs are met and initial treatment commenced. Discharge address will be confirmed and initial assessment and care plan will be agreed.

02

### In Week 1

Full MDT meeting will be held to discuss care and treatment. Any adjustments will be made in consultation with the service user.



03

### In Week 2

A full assessment will be completed. A plan for a supportive discharge will be made.

04

### Within 24 days of being admitted

Our current average length of stay is 24.3 days. As part of the pathway, patients will have commenced a clear treatment programme to complete and individual discharge plans will be regularly updated to ensure a timely, appropriate and effective discharge.

05

### Supported Discharge

We work with an ethos of planning for discharge with all members of the MDT early on in each admission to ensure a smooth transition into the community.



## Our Facility

Apple Hill Hospital provides a safe and supportive space for those in need of acute inpatient mental health services. The hospital is located close to Reading and Maidenhead and is within easy reach of London. Our newly built state-of-the-art inpatient mental health hospital features three distinct wards to accommodate 32 people.



Thirty-Two  
Ensuite Beds



2 Acute Mental Health  
Wards & 1 HDU



Maidenhead



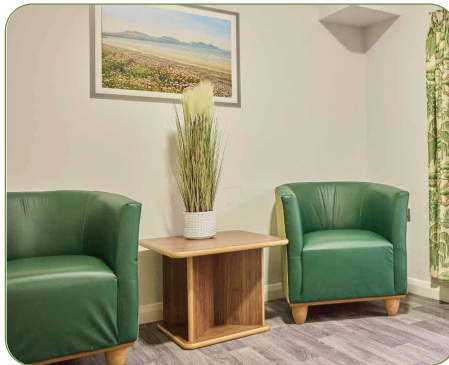
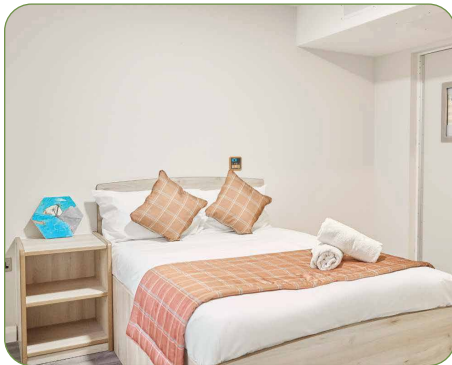
Male and  
Female Wards



Private Insurance  
Accepted



The hospital's wards offer peaceful recovery spaces, including therapy rooms, gardens, and courtyards, while maintaining privacy. Each ward has dedicated areas for psychological and occupational therapy. Service users also have access to medical assessment rooms, a multi-faith room, and a visitors' room.



## Specialised Services

The clinical model at Apple Hill Hospital has been developed taking into consideration best practice guidance issued by NHS England and NICE.



Anxiety & Stress  
Disorders



Behavioural  
Disorders



Cognitive  
Disorders



Mood  
Disorders



Neurodevelopmental  
Disorders



Acute Inpatient  
Mental Health



Adult Crisis  
Care



Serious Mental  
Illness



Self-Harm &  
Suicide



Learning Disability &  
Autism



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